

Free Family Planning Services

for Qualified Michigan Residents



It's best to plan before you become pregnant.
Plan First! helps you decide when the time is
right for you and your family.

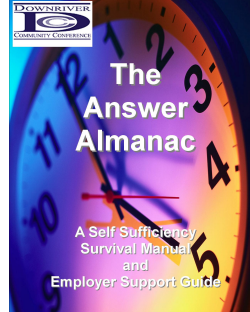
If you're a woman who is 19–44 years old, you may
qualify for free insurance that covers family planning
services, including office visits, lab tests,
prescriptions and other services.

PLAN FIRST!

Your life. Your health. Your plan.

**Call for more information
1-800-642-3195 (toll-free)
TTY 1-866-501-5656
www.michigan.gov/mdch**

Michigan Department of Community Health



Womens Health

ACCESS Community Health & Research Center

6450 Maple St.

Dearborn, MI 48126

313-216-2200

313-584-3226

www.accesscommunity.org

Uninsured pay \$25 fee.

Beaumont Hospital Comprehensive Breast Care Center

Silver Linings

248-551-4645

breast cancer rehabilitation workshop, regardless of hospital affiliation--who have completed breast cancer treatment or are on long-term medical therapy.

Participants in this inter-active workshop will learn mind-body medicine techniques and the effects of yoga, meditation, physical fitness, guided imagery, music and visual and literary arts on healing

Brides Against Breast Cancer Charity Wedding Gown Sale

www.makingmemories.org

I Promise Program

734-246-6053

A fund to assist Downriver residents faced with the challenge of cancer.

Eligible candidates can receive assistance for prostheses, wigs, swimsuits, and other items to improve the quality of their lives.

National Women's Heart Health

www.sistertosister.org/detroit

Featuring screenings (cholesterol, blood pressure, BMI and glucose)

Women's Health Boutique

734-762-9324

This store recycles gently used prosthetics