

## Self Help Groups

**ACOA/ACA** Self help groups for adult children of alcoholics or dysfunctional families. [www.detroitafg.addr.com/alanonoffice.htm](http://www.detroitafg.addr.com/alanonoffice.htm).

**AIDS Partnership- Michigan:** 313-446-9800  
[www.aidspartnership.org](http://www.aidspartnership.org)

**Alcoholics for Christ:** 12-Step groups with a Christian emphasis.  
[www.alcoholicsforchrist.com](http://www.alcoholicsforchrist.com).

**Alliance for the Mentally Ill**  
[mi.nami.org](http://mi.nami.org).

**Alzheimer's Family Support Groups:**  
248-351-0280  
[www.alzqmc.org](http://www.alzqmc.org)

**Anxiety Disorder Support Groups- Michigan:**  
[www.aim-hq.org/meetgmi.html](http://www.aim-hq.org/meetgmi.html).

**Attention Deficit Disorder of Children & Adults (CHADD):**  
[www.chaddmi.com](http://www.chaddmi.com)

**Autism Society of Oakland County:**  
248-393-3131  
[www.asaoakland.org](http://www.asaoakland.org)

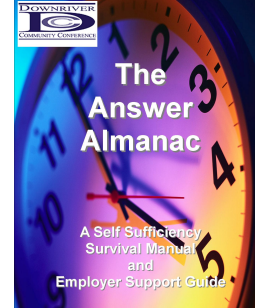
**Bereavement Support Groups:**  
[www.mihospice.org/find.vml](http://www.mihospice.org/find.vml)

**Bereavement Compassionate Friends- Livonia**  
[www.tcflivonia.org/](http://www.tcflivonia.org/)

**Beyond Affairs Network (BAN):**  
[www.dearpeggy.com](http://www.dearpeggy.com)

**Cancer Support Groups:**  
248-557-5353  
[www.cancer.org](http://www.cancer.org) for

**Chronic Fatigue & Fibromyalgia:**  
[www.cfs-fms-michigan.net](http://www.cfs-fms-michigan.net)



## **Self Help Groups Continued:**

**Chronic Pain Association- Metro Detroit Chapter:**

800-533-3231

[www.theacpa.org](http://www.theacpa.org)

**Deaf & Hard of Hearing Support:**

[www.mi-shhh.org](http://www.mi-shhh.org)

**Depression & Bipolar Support Alliance:**

[www.dbsa-metrodetroit.org](http://www.dbsa-metrodetroit.org)

**Divorce Support Groups:**

[www.divorcesource.com/groups/michigan.shtml](http://www.divorcesource.com/groups/michigan.shtml)

**Fathers & Children, National Congress of:**

[www.ncfc.org/](http://www.ncfc.org/)

**Food Addicts in Recovery Anonymous**

[www.foodaddicts.org](http://www.foodaddicts.org)

**Gambling Problems The Michigan 24-Hour Help Line**

1-800-270-7117

[www.michigan.gov/lottery](http://www.michigan.gov/lottery)

**Gays, Lesbians, Parents, Families**

[www.pflag.org](http://www.pflag.org)

**Grief Support Groups:**

[www.mihospice.org/find.vml](http://www.mihospice.org/find.vml)

**Grief Support Group**

877-969-0010

[www.compassionatefriends.org](http://www.compassionatefriends.org).

**Herpes Support Groups**

586- 447-2699

[www.metrodetroithelp.org](http://www.metrodetroithelp.org)

[www.ashastd.org/hrc/index.html](http://www.ashastd.org/hrc/index.html)

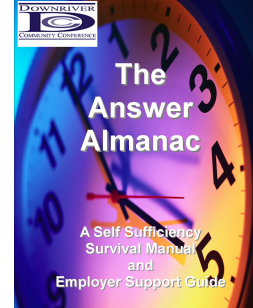
**HIV/AIDS Partnership**

800-515-3434 or

[www.aidspartnership.org](http://www.aidspartnership.org)

**Infertility Support Group**

[www.resolveofmichigan.homestead.com](http://www.resolveofmichigan.homestead.com).



## **Self Help Groups Continued:**

### **Interracial Families Society:**

[www.webcom.com/~intvoice/advocacy.html](http://www.webcom.com/~intvoice/advocacy.html)

### **Learning Disabilities Association of Michigan**

[www.ldaofmichigan.org/](http://www.ldaofmichigan.org/)

### **Mothers Against Drunk Driving:**

313- 881-8181.

[www.madd.org/mi/wayne](http://www.madd.org/mi/wayne)

### **National Association for the Physically Handicapped**

[www.naph.net](http://www.naph.net)

### **Obsessive Compulsive Foundation of Michigan**

[www.ocfoundation.org](http://www.ocfoundation.org)

### **Parents of Murdered Children Support Groups:**

[www.pomc.com/metrodetroit/index.html](http://www.pomc.com/metrodetroit/index.html)

### **Recovery, Inc**

[www.recovery-inc.com](http://www.recovery-inc.com)

### **Secular Organization for Sobriety**

[www.cfiwest.org/sos/asp/find.asp](http://www.cfiwest.org/sos/asp/find.asp)

### **Smart Recovery : An alternative to AA & NA meetings.**

[www.smartrecovery.org](http://www.smartrecovery.org)

### **Stepfamily Support Groups**

[www.saafamilies.org](http://www.saafamilies.org)

### **Stop Smoking**

248-557-5353

800-ACS-2345

[www.cancer.org](http://www.cancer.org)

### **Sudden Infant Death Syndrome Alliance:**

800-331-7437

[www.tomorrowschildmi.org](http://www.tomorrowschildmi.org)

### **Take Off Pounds**

313-584-1408

[www.tops.org](http://www.tops.org)

### **Tourette Syndrome Association:**

248-641-8725

[www.tsa-usa.org/](http://www.tsa-usa.org/)

### **Survivors of Suicide**

[www.survivorsofsuicide.com](http://www.survivorsofsuicide.com)