Self Help Groups

Affordable Healthcare Act Assistance-Michigan
http://consumersforhealthcare.org/aca

ACOA/ACA Self help groups for adult children of alcoholics or dysfunctional families

AIDS Partnership- Michigan: 313-446-9800
www.aidspartnership.org

Alcoholics for Christ: 12-Step groups with a Christian emphasis.

Alliance for the Mentally Ill
mi.nami.org.

Alzheimer’s Family Support Groups:
248-351-0280
www.alzgmc.org

Anxiety Disorder Support Groups- Michigan:
www.aim-hq.org/meetgmi.html.

Attention Deficit Disorder of Children & Adults (CHADD):
www.chaddmi.com

Autism Society of Oakland County:
248-393-3131
www.asaoakland.org

Bereavement Support Groups:
www.mihospice.org/find.vml

Bereavement Compassionate Friends- Livonia
www.tcflivonia.org/

Beyond Affairs Network (BAN):
www.dearpeggy.com

Cancer Support Groups:
248-557-5353
www.cancer.org for
Chronic Fatigue & Fibromyalgia:
www.cfs-fms-michigan.net

Self Help Groups Continued:

Chronic Pain Association- Metro Detroit Chapter:
800-533-3231
www.theacpa.org

Deaf & Hard of Hearing Support:
www.mi-shhh.org

Depression & Bipolar Support Alliance:
www.dbsa-metrodetroit.org

Divorce Support Groups:
www.divorcesource.com/groups/michigan.shtml

Fathers & Children, National Congress of:
www.ncfc.org/

Food Addicts in Recovery Anonymous
www.foodaddicts.org

Gambling Problems The Michigan 24-Hour Help Line
1-800-270-7117
www.michigan.gov/lottery

Gays, Lesbians, Parents, Families
www.pflag.org

Grief Support Groups:
www.mihospice.org/find.vml

Grief Support Group
877-969-0010

Herpes Support Groups
586- 447-2699
www.metrodetroithelp.org
www.ashastd.org/hrc/index.html

HIV/AIDS Partnership
Self Help Groups Continued:

Interracial Families Society:
www.webcom.com/~intvoice/advocacy.html

Learning Disabilities Association of Michigan
www.ldaofmichigan.org/

Mothers Against Drunk Driving:
313- 881-8181.
www.madd.org/mi/wayne

National Association for the Physically Handicapped
www.naph.net

Obsessive Compulsive Foundation of Michigan
www.ocfoundation.org

Parents of Murdered Children Support Groups:
www.pomc.com/metrodetroit/index.html

Recovery, Inc
www.recovery-inc.com

Secular Organization for Sobriety
www.cfiwest.org/sos/asp/find.asp

Smart Recovery : An alternative to AA & NA meetings.
www.smartrecovery.org

Stepfamily Support Groups
www.saafamilies.org

Stop Smoking
248-557-5353
800-ACS-2345
www.cancer.org

Sudden Infant Death Syndrome Alliance:
www.takeoffpounds.com
313-584-1408
800-331-7437
www.tomorrowschildmi.org

Survivors of Suicide
www.survivorsofsuicide.com

www.tops.org

Tourette Syndrome Association:
248-641-8725
www.tsa-usa.org/